

Pregnancy Calendar:

What to expect at your visits to our office!

Gestational Age	Required Tests	Optional Tests
6-8 Weeks	<ul style="list-style-type: none"> Schedule first appointment Pregnancy Confirmation Prenatal Labs/Cultures Appointments every 4 weeks 	
10-12 Weeks	<ul style="list-style-type: none"> Genetic Counseling Review Lab results Appointments every 4 weeks 	
10-13 Weeks		<p><u>Non-Invasive First Trimester Testing:</u></p> <ul style="list-style-type: none"> Cell-Free DNA Testing (as early as 10 weeks). <u>Ultrascreen</u> (1st Trimester Nuchal Translucency) with Sequential Screen Part 1)– at Maternal Fetal Medicine or HCFW. (between 11 wks 1 d -13 wks 6 days) <p><u>Invasive First Trimester Testing</u></p> <ul style="list-style-type: none"> Chorionic Villus Sampling (CVS) (early as 10 weeks) At Maternal Fetal Medicine (MFM)
16-23 weeks		<p><u>Non-Invasive Second Trimester Testing:</u></p> <ul style="list-style-type: none"> Alpha-Feto Protein (AFP) blood test (time frame dependent on which test)(16-23 weeks) Sequential Screen- PART 2 of Ultrascreen, bloodwork @ MFM or HCFW (Second Trimester) <p><u>Invasive Second Trimester Testing:</u></p> <ul style="list-style-type: none"> Amniocentesis (>16 weeks) @ MFM
18-20 Weeks	<ul style="list-style-type: none"> “Fluttering” fetal movement felt 18-20 week Level II Ultrasound for Anatomy @ MFM or HCFW 	
26-28 Weeks	<ul style="list-style-type: none"> 1 hour Glucola test and Complete Blood Count (performed in office plan to be in office for 1 hour) RhoGAM - if indicated for patient (given at VHC Outpatient Lab) Fill out pre-registration form for hospital. Appointments every 2 weeks 	
32 Weeks		Childbirth Classes (Sign up early)
35 + Weeks	<ul style="list-style-type: none"> Group B Streptococcus Vaginal Culture (GBS) 36 Week Sonogram to check growth and position. Appointments weekly 	
39 Weeks	Weekly Cervical checks	
40 Weeks	Due Date	
> 40 Weeks	Post-Dates, <ul style="list-style-type: none"> Weekly Non-Stress Test Weekly Amniotic Fluid Index (Both at Maternal Fetal Specialist) 	